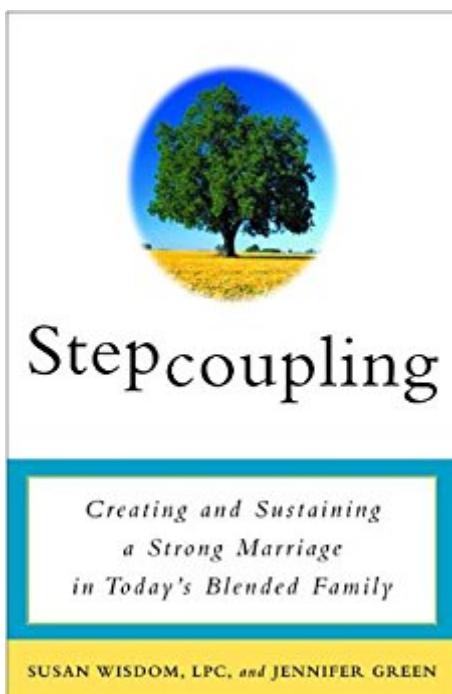


The book was found

Stepcoupling: Creating And Sustaining A Strong Marriage In Today's Blended Family



Synopsis

Love may be sweeter the second time around, but once the bliss of a newfound relationship wears off a little, the reality of being part of a stepfamily sets in. If you are one of the millions of remarried Americans facing the challenge of blending two existing families into one cohesive whole, you are part of a stepcouple— and you know all too well how hard it can be to make your marriage work in sometimes tough terrain. Different parenting styles, finances, relationships with ex-spouses, legal matters, and even seemingly simple issues such as the kinds of chores assigned to children can chisel away at your union if you don't always make your marriage a priority.

Stepcoupling offers advice for stepcouples on how to do just that—all the while strengthening their blended family with a healthy marriage. Susan Wisdom and Jennifer Green provide tips and strategies on dealing with the issues remarried couples face, with a wealth of advice from real-life stepcouples, such as:^{*} Learning to tailor your expectations of your spouse or children and remembering that no family is perfect^{*} Knowing where your boundaries are, whether involving a hostile ex-spouse or a stepchild who demands too much attention^{*} Realizing that traits like flexibility, tolerance, forgiveness, and openness are especially essential in a stepfamily situation^{*} Making time for talking, problem-solving, weekends away, and enjoying your marriage to constantly renew and strengthen your bond as a coupleLet this invaluable remarriage manual help you make your stepcouple the foundation of a strong, happy, and successful stepfamily. From the Trade Paperback edition.

Book Information

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Customer Reviews

I love this book. I mostly gathered that the theme is to bring you back to the reason you decided to become a family. How to argue appropriately and to realize that you may not be fighting about what you (or your kids) think you're fighting about. It gives a good perspective and allows a different thought process in the household merger and how to overcome those obstacles.

Gives me more to think about as I ready myself to meet my S.O's kids. It brings up a lot of points that I didn't think about before. I feel better prepared.

Good read for divorced parents starting to date again.

I haven't finished reading the book (yet) but that's because we decided to read and discuss the topics together. So far we have been able to cover sensitive ground in a neutral way- because of the way the authors approach different pitfalls. I'm really glad that we found this resource for our family!

Okay book. Some good nuggets of info.

Good but nothing new or thought provoking.

Extremely helpful for my unique situation. I am the 'bonus mom' to three kids and have no kids of my own. Many books don't talk much about the childless step-parents so I appreciate it! Great tips and great stories. Thankful for this book.

Susan Wisdom has written a book that I consider one of the Essential must reads if you are in stepfamily life. Navigating a relationship where there are children from a prior relationship is a

completely different experience. It is often isolating and while other couples books have good information, they completely miss what is uniquely challenging about stepfamily life. But the voice of experience is there in Stepcoupling. It is a must read for any couple in stepfamily life. It will give you an understanding of what is unique to your family and how to navigate the stepfamily issues and keep your couples relationship strong. I recommend this book on my radio show and when I lecture because it is a must have. Susan Swanson,LCSW Executive Director of The Stepfamily Center.

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